



### Summer Support to Help You Feel Confident & Prepared

Summer is your chance to reset. We'll work together in one-to-one sessions to build systems that make school easier, reduce last-minute stress, and help you feel more confident walking into next year.

**Rising 9th Graders: Start High School Strong....***The jump to high school is big. Let's begin the year knowing how to manage your work—rather than feeling overwhelmed by it.*

- Get organized with simple, effective systems (Google tools, Canvas, calendars)
- Learn time-management and homework routines that stick
- Find study strategies that fit *your* learning style and brain
- Build strong note-taking, writing, and communication skills early

**Rising 12th Graders: Expert College Application Support, Without Stress...***Reduce worries and stay ahead with guided support throughout the application process:*

- Brainstorming and writing a compelling Common App personal statement
- Draft edit, and polish supplemental essays with guidance
- Stay organized as applications open August 1
- Track colleges, deadlines, and weekly tasks in a clear, simple system

### For all Students

**Executive Function & Performance Coaching...***Strong habits make everything easier in your daily life:*

- Strengthen focus, organization, planning, and follow-through with learning strategies
- Build routines, goals, and self-discipline through guided reading and discussion of *Atomic Habits*, or *the 7 Habits of Highly Effective Teens*, or *A Teen's Guide to Success*
- Learn practical tools to improve academic, athletic, artistic, and personal performance

**Reading & Writing That Matters...** *Summer reading becomes meaningful skill-building and enjoyable.*

- Learn to write clear, well-structured essays step by step
- Read and discuss a shared book to deepen comprehension, annotation, and expression
- Writing for fun and creatively - to spark imagination and confidence
- Create a polished resume and learn to write strong cover letters for jobs or internships

**Additional Options or...YOU TELL ME...** *Sessions can be customized around your specific goals and needs —just ask.*

- Support for online courses, including smart scheduling, effective study habits, and ongoing progress tracking
- Confidently navigate the transition from high school to college with structured guidance and support
- Explore alternative pathways, including thoughtful planning and goal-setting for a successful gap year

**For College Students and Graduates...** *Clarify your direction and move forward with confidence.*

- Align your strengths, skills, interests, and identity to pursue jobs and opportunities
- Develop strong self-advocacy, communication, and leadership skills for success in school, work, and life
- Strategic guidance to confidently begin your graduate school application journey